

Client - Life Coach Contract You Can Only Change You, LLC

This contract ("Contract") is entered into between _____ hereinafter referred to as "Client," and _____, hereinafter referred to as "Coach," collectively referred to as the "Parties."

1. Coaching Services:

- a. Coach agrees to provide individual coaching services to the Client, as described and agreed upon by both Parties.
- b. Sessions will be conducted via _____ as agreed upon by both Parties.
- c. The frequency and duration of coaching sessions will be mutually agreed upon between the Client and the Coach. _____ (Coaching Package)

2. Responsibilities:

- a. Client agrees to actively participate in the coaching process, be open to feedback, and complete agreed-upon actions between sessions.
- b. Coach agrees to maintain confidentiality and provide a safe, non-judgmental space for the Client.
- c. Client and Coach agree to be respectful and professional during all interactions.

3. Fees and Payment:

- a. Client agrees to pay the coaching fee of [amount] per session.
- b. Payment will be made [weekly/monthly] in advance via [payment method].
- c. A missed or canceled session with less than 24 hours notice may be charged at the full session rate.

4. Confidentiality:

- a. Coach agrees to keep all information shared by the Client confidential, except where disclosure is required by law.
- b. Client acknowledges that coaching is not a confidential relationship under applicable laws and regulations.

5. Termination:

a. Either Party may terminate this Contract with a written notice of [number of days] days.

b. In the event of termination, the Client will be responsible for any outstanding fees for sessions already conducted.

6. Limitation of Liability:

a. Coach shall not be liable for any actions or decisions made by the Client.

b. Coaching is not a substitute for professional advice, and the Client is encouraged to seek appropriate professional advice for specific issues.

7. Entire Agreement:

This Contract contains the entire agreement between the Parties and supersedes all prior and contemporaneous agreements, understandings, and representations.

8. Governing Law:

This Contract shall be governed by and construed in accordance with the laws of [Your State/Country].

IN WITNESS WHEREOF, the Parties hereto have executed this Contract as of the Effective Date.

Client's Name: _____ Date: _____

Coach's Name: _____ Date: _____